

65% of the milk you drink may be adulterated: Study

Samples Across India Fail Govt Test

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New Delhi: Beware, your daily glass of good health could actually be doing you harm. As much as 100% of milk samples picked up in parts of the country by a government agency failed to conform to standards.

In a 33-state-and-UT study conducted by the Food Safety Standards Authority of India (FSSAI), not a single sample tested met the prescribed norms in West Bengal, Bihar, Chhattisgarh, Jharkhand,



State	% Of Bad Milk Samples
W Bengal*	100
Gujarat	89
J&K	83
Punjab	81
Rajasthan	76
M'rashtia	65

Orissa and Mizoram. Other prominent states fared just a shade better. Around 89% of the samples tested from Gujarat, 83% from

NOT TOO HEALTHY

Worst States

100% samples found adulterated in **Orissa, Bihar, Chhattisgarh, Jharkhand**

Best States

Goa, Puducherry **0%**

Andhra Pradesh **6.7%**

Tamil Nadu **12%**

Karnataka **22%**

COMMON ADULTERANTS

Water, detergent, fat, skimmed milk powder, urea and glucose

Jammu & Kashmir, 81% from Punjab, 76% from Rajasthan, 70% from Delhi and Haryana and 65% from Maharashtra failed the

test. Around half of the samples from Madhya Pradesh (48%) also met a similar fate. Only in Goa and Puducherry did 100% of the samples tested conform to required standards.

Of the 71 samples randomly taken from Delhi for testing, 50 were found to be contaminated with glucose and skim milk powder

► 68% samples fail test, P 10

(SMP), which is usually added to milk in the lean season to enhance volumes. Elsewhere, milk was found adulterated with detergent, fat and even urea, besides the age-old practice of diluting it with water. Across the country, 68.4% of the samples were found contaminated.